



## **VALENTINE'S DAY DINNER FOR 2 PREPARATION SUGGESTIONS:**

### **Prepare Steaks:**

To Prepare:

Place the Heart Shaped Rib Eye Steak or Bacon Wrapped Tenderloin Filets on pre-heated 400 to 500 degree grill and cook until golden brown and slightly charred, 4 to 5 minutes. Turn the steak over and continue to grill 3 to 5 minutes for medium - rare, 5 to 7 minutes for medium, and 8 to 10 minutes for medium - well.

For perfect steaks check internal temperature with an instant read thermometer;

Medium - Rare Internal temperature of 130 degrees F.

Medium Internal temperature of 140 degrees F.

Medium - Well Internal temperature of 150 degrees F.

### **Twice Baked Potatoes:**

To Prepare:

From a thawed state: Microwave on high for 3 minutes. Bake in pre-heated 425<sup>o</sup> oven for 15 minutes. From a frozen state: Microwave on high for 5 minutes. Bake in pre-heated 425<sup>o</sup> oven for 30 minutes.

### **Prepare Shrimp Kabobs:**

To Prepare:

Grill for 2-3 minutes over medium heat, turn and grill an additional 1-2 minutes. Shrimp Kabobs are done when they turn pink. DO NOT OVERCOOK.