

## Spinach Salad

2½ oz washed, ready to eat spinach  
(about ¼ of a 10-oz bag)  
2 C grated carrots  
2 T low fat vinaigrette dressing  
Salt and freshly ground black pepper

t = teaspoon  
T = tablespoon  
C = cup



Tear spinach into bite-sized pieces and place on individual salad plates. Spoon on carrots and top with dressing.

Serves 2

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### Serving Suggestion

For a main course this side dish goes particularly well with:

[Hot Glazed Tuna Steak](#)